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ACKNOWLEDGEMENT OF COUNTRY

The Seaford Park Primary School Community acknowledges the Bunurong People, the traditional custodians of the land on which our school is situated. We pay our respects to Elders past, present and emerging, and we acknowledge all Aboriginal and Torres Strait Islander people in our community.



UPCOMING EVENTS

November 2023					
Term Week	Monday	Tuesday	Wednesday	Thursday	Friday
Term 3 Week 5	October		1 Prep 2024 Welcome Session	2 Prep 2024 Welcome Session	3 Remembrance Day Rotations
Term 3 Week 6	6 Curriculum Day – no school	7 Public holiday – no school	8 Year 3-4 Camp begins	9	10 Year 3-4 Camp ends Assembly
Term 3 Week 7	13	14	15 Prep 2024 Transition Session (1)	16	17
Term 3 Week 8	20 Finance Subcommittee Meeting	21	22 Prep 2024 Transition Session (2)	23 Buildings and Grounds Subcommittee Meeting	24
Term 3 Week 9	27	28	29 Prep 2024 Transition Session (3)	30 School Council Meeting	December
Notes	Trivia Night will take place on Saturday, November 11 th .				
December 2023					
Term Week	Monday	Tuesday	Wednesday	Thursday	Friday
Term 3 Week 9	November				1 House Sports Community Night
Term 3 Week 10	4 Swimming	5 Swimming	6 Swimming Prep 2024 Transition Session (4)	7 Swimming	8 Swimming
Term 3 Week 11	11	12 State-wide Up Day	13	14	15
Term 3 Week 12	18	19 Carols by Daylight Term 4 ends (1:30pm)	20 Whole School Planning Day – no school	21 Summer holidays	22
Term Holidays	25	26	27	28	29
	Summer holidays				
Notes	Term 4 ends at 1:30pm on Tuesday, December 19 th . Please note that this date has changed in line with the Department of Education’s provision of a whole-school planning day. The staff will plan for 2024 on Wednesday, December 20 th .				

Please Note: all of the dates listed above are subject to change

Work has already begun in preparation for 2024. The teachers have started discussing the grade structure and the class allocation for staff. As you can imagine, this is a long and involved process with balance being the key consideration. The whole staff are involved in this process and meet weekly to discuss what 2024 might look like at Seaford Park Primary School. Throughout November, the students will be placed in different groups as we trial the structure and your child will likely work with a range of teachers and integration aides. The final grades will be announced on our whole-school 'Up Day', scheduled for Tuesday, December 12th. Sometimes, children can become worried at this time of the year as they prepare to move into a grade that is different to some of their friends so it is up to the adults in their lives to remind them of the opportunities that new beginnings offer. There are lots of things that will remain the same in 2024 – we will still mix up the groups at certain times of the day, depending on the activity/task; we will still eat lunch at the same time and see all of our school mates on the yard; we will still do Visual Arts, Performing Arts, Auslan and Physical Education every week; we will still have assembly every second Friday... the list goes on. We are also continuing to build our culture of professional learning communities, which means that all of the students will spend time working with students from other grades and the teachers will plan together to ensure that every student experiences the same curriculum and will follow very similar expectations, regardless of the grade in which they are placed. We will provide more information on how 2024 will run in our November and December newsletters. In the meantime, there is still a lot of work to be done in 2023. Teachers are busy planning the last few weeks of learning for your child and have also started assessing their progress so you are presented with the most accurate and relevant information on your child's achievements this year. Reports will be published in Week 11, which allows one week for you to check in with your child's teacher if you have any questions or require further information.

The students in 12R have been very busy this month – have a look at their report on the next page to learn more about what they have been up to. Between Seven Steps to Writing Success, Healthy Harold, English and Maths Enhancement and their history unit, they have barely had time to notice that the nice weather!

1/2R NEWS

1/2s have been working hard on their writing using the Seven Steps to Writing Success. Our focus now is putting all the steps together to write exciting narratives. We have worked in groups to pool ideas and learn from our peers.



Healthy Harold visited us and we learnt some more about what our body needs to be healthy (Grade 1) and how positive relationships benefit our health and wellbeing (Grade 2)

They got to work to hatch a plan. Sully found a net in Sam's home and they planned to use it to trap the greediest penguin. Sully appeared out of the shadows and started to chase the penguins up the enormous iceberg. They had no idea that Sam was waiting underneath, ready to strike. With the greediest penguin caught in a net they insisted that he would share his fish. If he refused he would be stuck in a shocking cage for eternity. He had no choice but to agree which meant that had full tummies that night.
By Lola & Georgia

In Maths Enhancement we have been continuing to work on efficient mental strategies to add and subtract 1 and 2 digit numbers to 30 and beyond, which is an important step for developing efficient mental strategies for the multiplication facts to 100.



We have also been learning about aspects of daily life and identifying how some things have changed over time, while others have remained the same. We have also looked at how the present, past and future are signified by terms indicating and describing time. As part of this we have learned about seasonal calendars, including the Aboriginal seasons.

STUDENT LEADERS

LIBRARY LEADERS



The library has been going great this term. Most classes have been coming at their scheduled times. Students have been borrowing books regularly and enjoying our new selection from the CBCA. The students love their library time and borrowing books to take home and share with their family. Don't forget to read at home and encourage your child to check out the word of the week so they can use it in their writing.

HOUSE CAPTAINS



On the 4th of October, some of the Seaford Park students competed in Division Two Track. They all did so well and all had fun, even though it rained.

PLAY LEADERS



This term, the Play Leaders have been discussing a Term 4 award winner. We have decided to give out 3 awards because last year we didn't give out any. Chicken or Hero and Temple Run are our most popular games that have been played. We have spotted a lot of people who have shown the school values. Only two got an awards and these two people have stood out a lot.

COMMUNICATION LEADERS

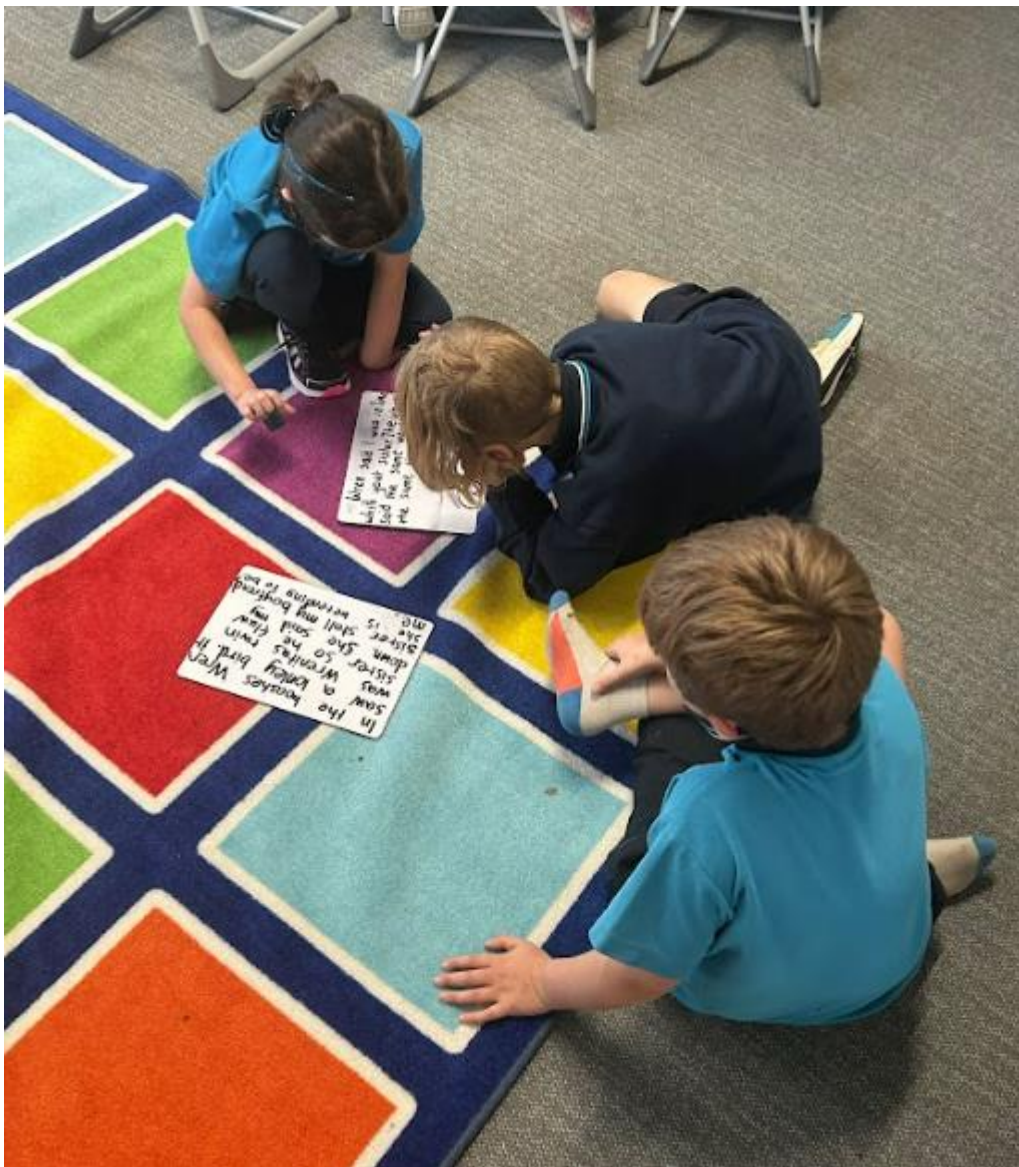


Term 4 means it is time to wear hats and sunscreen outside:

- Sunscreen is recommended as you can get sunburnt
- Hats are required when you are outside
- Bring sunscreen to school, if possible
- Be prepared for hot day timetables – they are going to become more common with the rising heat
- Drink lots of water. It's going to be very hot.

If you follow these, you should be able to have a good and hot summer!

PHOTO OF THE MONTH



IGNITE THE SPARK

Over the past 12 months, we have raised over \$20,000 locally as part of our Ignite the SPark campaign. We have used the money raised to:

- Replace the furniture in five more classrooms
- Upgrade our reading resources in the classrooms and in the school library



Our current focus is on providing high quality take-home books for the students so they can practise their targeted skills with their family and friends. We are hoping to pay for our new resources with \$10,000 coming from the school budget and the remaining \$10,000 paid for using locally raised funds. Once we have achieved this fundraising target, we will begin working on replacing all of the bubbler taps around the school with more functional and user-friendly alternatives. We are very grateful to all families who continually support our efforts.

Summer of Fun!

YOU'RE INVITED!

Team Kids

4TH OCTOBER

WORLD SPACE WEEK



17TH OCTOBER

Pasta Day
@COOKING CLUB



25TH OCTOBER

INTERNATIONAL ARTIST DAY



31ST OCTOBER

SPOOKTACULAR PARTY
DRESS UP | PARTY FOOD | FUN



13TH NOVEMBER

World Kindness Day



20TH NOVEMBER

UNIVERSAL CHILDREN'S DAY



24TH NOVEMBER

Fairy Bread Day



1ST DECEMBER

Feels Like SUMMER PARTY



LAST WEEK OF TERM

Time to CELEBRATE



DON'T MISS OUT!

BOOK

TEAMKIDS.COM.AU

We're so excited to introduce our **TK C.A.R.E.S Series!** 

WHAT IS THE TK C.A.R.E.S. SERIES?

It's an informative video series that will touch on the most asked about parenting topics! TeamKids' good friend & in-house Psychotherapist, Heidi Rogers, is here to talk through and answer all of your burning questions.

WHT IS COVERED IN THIS VIDEO SERIES?

Each video theme will cover a different topic, centred around issues and difficulties that families often face when dealing with young children.

Our expert, Heidi will guide you through managing different problems and tricky behaviours, with helpful advice, practical insights and effective strategies – helping families meet their child's deepest needs and build stronger connections together.

WHAT IS THE FIRST VIDEO ABOUT?

We're kicking things off with our videos on Emotional Regulation, which we know is a **HUGE** talking point amongst parents.

Heidi will teach you to crack the code – covering the ins and outs of teaching emotional regulation – moving away from punishments and timeouts to helpful strategies in managing emotional meltdowns.



WHERE CAN I WATCH?

[Watch the snippet by clicking here and see for yourself why these proven tips are **GOLD!**](#)

[Want more? Keep the conversation going with this in-depth video on the topic.](#)

NOTICES

**FIND US EACH WEEKEND
AT SEAFORD PARK
PRIMARY SCHOOL**



WWW.SANKIRIDOGTRAINING.COM.AU

FOR ENQUIRIES CALL 0401 634 392





WHAT'S ON AT
FRANKSTON SOFTBALL
THIS SUMMER?



**4-8
YRS**

T-BALL

**HOME RUN
HEROES**

**FRIDAY NIGHTS
FOR 10 WEEKS**

**9+
YRS**

**COMPETITION
SOFTBALL**

**BOYS &
GIRLS**



**SATURDAYS
OCT - MARCH**

**15YRS-
ADULTS**

**SOCIAL
SOFTBALL**

**SLOWPITCH
MIXED TEAMS**

**FRIDAY NIGHTS
FOR 10 WEEKS**



[/frankstonsoftball](#)
frankstonsoftball@hotmail.com

ROBINSON'S RESERVE, FRANKSTON
www.revolutionise.com.au/frankstonsoftball

REGISTER
HERE:





3198 Seaford BeachPatrol

Seaford has beautiful beaches and 3198 Seaford BeachPatrol wants to keep it that way and raise awareness about how we can change our behaviour to help reduce plastic pollution!

Everyone is welcome, no matter your age, ability, or experience!

We meet on the first Sunday of the month at 10am-11am to collect litter off our beaches.

We provide all the equipment you need - bags, gloves, pick up tools etc. Just turn up :)

Sign up to join us and get email notifications about upcoming clean-ups - **use the following link to sign up:** <https://www.beachpatrol.com.au/register> and choose the 3198 Seaford group.

3198 Seaford BeachPatrol Beach Cleans Aug - Dec 2023

August 6th - Seaford Pier

10am - 11am

September 3rd - Keast Park

October 1st - Opposite McCulloch Ave (beach opposite Seaford Cabin Park)

November 12th - Opposite Seaford Rd (beach opposite Woolworths)

December 3rd - Keast Park - Picnic Holiday Breakup

Take a photo of our calendar and save it in favourites for easy access!

Join us on [facebook.com/3198BeachPatrol/](https://www.facebook.com/3198BeachPatrol/) and **Instagram: 3198BeachPatrol**

You can also contact us via email at 3198@beachpatrol.com.au

2024 Beach Clean Dates - 3198 Seaford BeachPatrol	
First Sunday of the Month 10am - 11am	
February 4th - Opposite McCulloch Ave (Seaford Cabin Park)	
March 3rd - Seaford Pier (Seaford - 10.15am) Clean up Australia Day	
April 7th - Opposite Seaford Rd (opposite Woolworths)	
May 5th - Keast Park	
June 2nd - Opposite McCulloch Ave (Seaford Cabin Park)	
July 7th - Seaford Pier	
August 4th - Opposite Seaford Rd (opposite Woolworths)	
September 1st - Keast Park	
October 6th - Opposite McCulloch Ave (Seaford Cabin Park)	
November 3rd - Opposite Seaford Rd (opposite Woolworths)	
December 1st - Keast Park - Picnic Holiday Breakup	





Frankston
Monday Mornings
10am - Midday

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

BAM Arts Inc
1 Rosella Street
Frankston

CONTACT:

Facilitator: Sue Batcheler
Phone: 0413 655 659
Email: suzanneb@mytimevic.com.au

Unwind and
share experiences
with others who
understand



mytime.net.au

MyTime term plan

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
Mondays 2/10/2023	Guest Speaker: Julie Fisher (Author/Disability Advocate) topic - General Discussion	Dancing Craft activities 
9/10/2023	Guest Speaker: Kim Henderson, (NDIS Coordinator) topic - NDIS	Toys and blocks 
23/10/2023	Learn: Yoga Nidra	Stories and Singing 
30/10/2023	Coffee & Chat	
13/11/2023	Make: Fondant Cake Toppers	
20/11/2023	Guest Speaker: Kylie Watt (Alfred Health Carers Service) topic - Carers Gateway	BAM DETAILS Bam Arts Inc are dedicated to providing arts programmes, events and opportunities for people with disabilities of all ages. MyTime at BAM Arts Inc will be a creative and fun time for children and adults. We will host a 30 minute weekly music and movement session for children where we will sing, dance and make new friends.
27/11/2023	Discussion: Surviving the Holidays. Sharing ideas about holiday activities & taking care of yourself	
Final Session 4/12/2023	Make: Yummy Bliss Balls	

NOTE: No sessions 16/10/2023 & 6/11/2023



It's support
for you



It's free to
join



Professional
support



Pre-school aged
children are welcome



Contact us today for more information

Email: seaford@lavic.com.au

facebook.com/seafordlittleleaths

WE ARE COMMUNITY

Come & try athletics!



Ever wanted to **give athletics a go?** Meet new friends, spend quality time with family, have fun and achieve your personal best?

Participate in a variety of running, throwing and jumping events whilst being surrounded by a supportive community!

What are you waiting for?

REGISTER TODAY AT
lavic.com.au



**Australian
Childhood Anxiety**
TREATMENT STUDY

**Free home-based
assessment and treatment for
7 to 12 year old children with
fear and anxiety disorders.**

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:



(07) 3735 3351



cadrp@griffith.edu.au



griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council



GU Ref No: 2019/146





Holiday Camps 2024

DATES

Malmsbury Camp: Monday 8th - Friday 12th January

City Camp - Monday 15th - Friday 19th January

MALMSBURY

Located in an idyllic bush setting in Central Victoria

- ☒ High Ropes Activities
- ☒ Canoeing & Swimming
- ☒ Archery & Orienteering
- ☒ Night Walk, Movie Night, Trivia



CITY

Located in the heart of the Melbourne CBD

- ☒ Big Bash & Aus Open
- ☒ Pool & Beach
- ☒ Melbourne Zoo & Museum
- ☒ Eureka Skydeck, Movie Night, Trivia

TRANSPORT

Malmsbury: Doxa facilitated bus transport provided from Melbourne & Bendigo

City: Doxa facilitated bus transport provided from Traralgon / Pakenham & Bendigo

COST

Our holiday camps are FREE.

Holiday camps are funded by our amazing donors and philanthropic ventures.

FURTHER INFORMATION

Email: info@doxa.org.au

Phone: (03) 9046 8200